

Eagle Eye Enterprises
1339 6 Tollhouse Rd.
Clovis, CA 93619

Multiple Resource Usage

Wormwood
(California Mugwort)
[Ku-sithup]

The Mono considers wormwood a spiritual plant.

1. Making sun tea - use 20 to 25 leaves, leave in jar until yellow
(has drawing powers, very soothing)
2. Making night time tea - use 1 to 2 leaves, leave in cup until yellow brown
(better than an Earl Gray)
3. Ghost buster - use like garlic (hang it around openings), wards off the spirits
(wards off everyone else too)
4. Spiritual incense - use like sage, burn for cleansing
(it is uncommon for the Mono to burn it)
5. Fever buster - boil until dark brown and smells nasty
(use only in small portions - 1/4 to 1/2 tea cup)
6. Repellent - use when hiking, fishing, hunting or camping
(do not rub above eye brows or on forehead)
7. Use for good luck - hunters always carry some in vehicles or pockets
(also used by card players)
8. Spiritual cleanser - used in funeral ceremonies
(used for face washing at the end of the ceremony)